

FOR IMMEDIATE RELEASE

## **CHI St. Joseph's Mammography Quilt Winner**

**PARK RAPIDS, MN (NOV. 5, 2015) – Photo/cutline**



### **Mammography Quilt Winner**

Kristen Lund, (right) CHI St. Joseph's Health's Registered Technologist, presents an excited Sharon Lee of Menahga with this year's mammography quilt. The Crazy Quilters of Park Rapids donate the handmade quilt annually as part of Breast Cancer Awareness and as a reminder to women that mammograms can catch changes in the breast that may be early signs of cancer but are often too small to be felt.

There is no question that mammography is the best tool available for detecting breast cancer. What's most important is that women and their health care providers discuss their specific, individual circumstances to best determine the safest and most-effective approach to medical care and the use of mammograms. Women need to understand

their specific risk for breast cancer so they can make informed decisions with their providers about their individual mammography schedule.

Women who schedule their mammograms at CHI St. Joseph's Health have full-field digital mammography technology available to them. As this year's quilt drawing winner, Lee is truly a winner for following guidelines that promote early detection in the fight against breast cancer. "Mammograms are not that hard to have", Lee stated, "and I believe they save a lot of lives." Her annual mammogram gives her great peace of mind.

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#### **About CHI St. Joseph's Health**

*CHI St. Joseph's Health is a 25-bed critical access hospital serving communities in Hubbard, Becker, Cass and Wadena Counties since 1946. In recent years, CHI St. Joseph's Health's award-winning teams took several national honors including: The Joint Commission Top Performer on Key Quality Measures in surgery; Top 100 Critical Access Hospital, HealthStrong; WomenCertified's America's Best Hospitals Women's Choice Award in obstetrics; and the Studer Group Fire Starter Healthcare Organization of the Month among other national and state recognitions.*

#### **About CHI**

*Catholic Health Initiatives, one of the nation's largest health systems, was formed in 1996 to strengthen the Catholic health ministry for the future. With deep roots in the tradition of expressing Christ's love by caring for those in need, Catholic Health Initiatives serves more than four million people each year through acute care hospitals; long-term care, assisted and residential-living facilities; community-based health services; home care; research and development; and reference laboratory services.*

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