



FOR IMMEDIATE RELEASE

## **Pregnancy and Infant Loss Awareness Day Wave of Light Ceremony**

PARK RAPIDS, MN (September 17, 2018) – CHI St. Joseph's Health and Essentia Health will be hosting a Wave of Light Ceremony for those in the community who have experienced pregnancy and infant loss. The candle lighting service brings together those who have grieved the loss of a child in a ceremony of unity.

The Wave of Light Remembrance is observed annually in the U.S. on Oct. 15. It is a day of remembrance for pregnancy loss and infant death, which includes but is not limited to miscarriage, stillbirth, SIDS or the death of a newborn. The ceremony seeks to ease the pain of families who have lost a child by offering another means of acknowledging and remembering a deeply loved and missed family member.

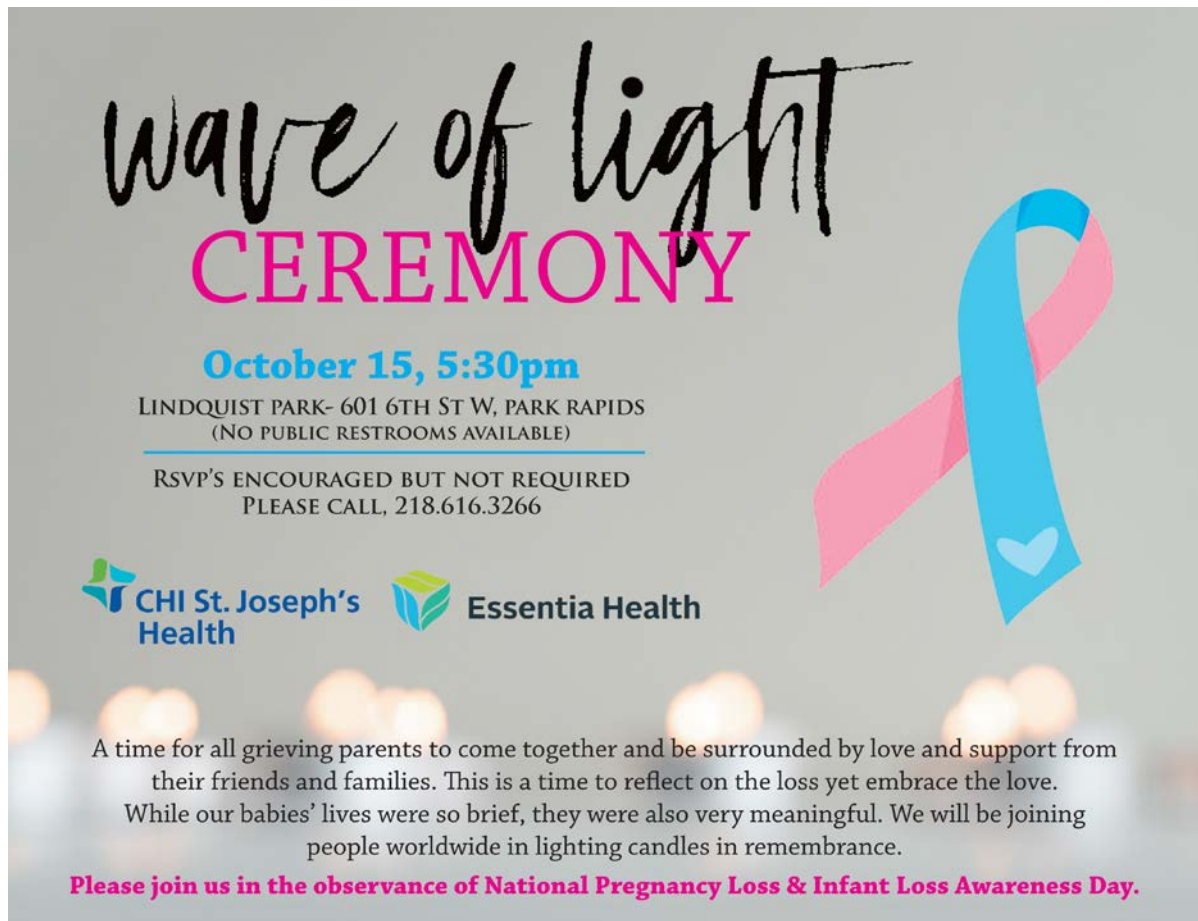
The Wave of Light Ceremony will unite friends around the globe in lighting candles for one hour to honor the memories of the sons, daughters, brothers, sisters and grandchildren who left too soon. As candles are lit, hundreds of thousands of persons will commemorate and honor the memory of all children gone too soon. The continuous chain of light encompasses and spans across the world and around the globe for a 24-hour period illuminating the night in love and light in honor and remembrance of our children.

Locally, the ceremony will be held on Monday, October 15, at 5:30 p.m., at Lindquist Park, 601 6<sup>th</sup> St W in Park Rapids. The remembrance will feature a memorial service

with music, readings, candle lighting and refreshments. Please join us in the observance of National Pregnancy Loss and Infant Loss Awareness Day. RSVP's are encouraged but not required.

For more information or to RSVP to the Wave of Light Ceremony, please contact Julie Nicklason, CHI St. Joseph's Health Med/Surg/OB Director at 218.616.3266.

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A promotional poster for the Wave of Light Ceremony. The title "wave of light" is written in a large, black, cursive font, with "CEREMONY" in a bold, pink, sans-serif font below it. The date and time "October 15, 5:30pm" are in blue. The location "LINDQUIST PARK- 601 6TH ST W, PARK RAPIDS (NO PUBLIC RESTROOMS AVAILABLE)" is in black. Below that, "RSVP'S ENCOURAGED BUT NOT REQUIRED PLEASE CALL, 218.616.3266" is in black. The logos for CHI St. Joseph's Health and Essentia Health are on the left. A large, stylized ribbon in blue and pink with a white heart is on the right. At the bottom, there is a paragraph of text and a pink call to action.

**wave of light**  
**CEREMONY**

**October 15, 5:30pm**

LINDQUIST PARK- 601 6TH ST W, PARK RAPIDS  
(NO PUBLIC RESTROOMS AVAILABLE)

RSVP'S ENCOURAGED BUT NOT REQUIRED  
PLEASE CALL, 218.616.3266

 **CHI St. Joseph's Health**  **Essentia Health**

A time for all grieving parents to come together and be surrounded by love and support from their friends and families. This is a time to reflect on the loss yet embrace the love. While our babies' lives were so brief, they were also very meaningful. We will be joining people worldwide in lighting candles in remembrance.

**Please join us in the observance of National Pregnancy Loss & Infant Loss Awareness Day.**

#### **About CHI St. Joseph's Health**

*CHI St. Joseph's Health is a 25-bed critical access hospital serving communities in Hubbard, Becker, Cass and Wadena Counties since 1946. In recent years, CHI St. Joseph's Health's award-winning teams received several national honors including: The Joint Commission Top Performer on Key Quality Measures in surgery; Top 100 Critical Access Hospital, HealthStrong; WomenCertified's America's Best Hospitals Women's Choice Award in obstetrics; and the Studer Group Fire Starter Healthcare Organization of the Month among other national, regional and state recognitions.*

**About CHI**

*St. Joseph Hospital is part of Catholic Health Initiatives (CHI), a national nonprofit health system based in Englewood, Colorado. The faith-based system operates in 18 states and includes 103 hospitals, as well as long-term care, assisted- and residential living communities; community health services organizations; home health agencies and outpatient facilities and services. In fiscal year 2016, CHI provided more than \$1.1 billion in financial assistance and community benefit. CHI generated operating revenues of \$15.9 billion and has total assets of approximately \$22.7 billion.*

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